



WEST COAST ATHLETICS CLUB

Chairpersons Report, Financial Report and 2021 Committee

Chairpersons Report 2020 (34th Annual AGM) - 16 February 2021

This report will cover from January 2020 until the end of December 2020. I would like to thank the committee members of 2020 for their commitment and throughout the last difficult year. I would also like to thank all the members for their continue positivity throughout the year.

Please allow a minute's silence on your own for our members who have passed away, not only did we lose two prominent members but our members also lost family members and loved ones during 2020.

- Dawn Eva Marais
- Lana Donald
- John Richardson
- Peter Crowe
- Jan La Cock
- Geoff Ethrington
- Wilf Visser
- Ian Jardine
- John Fowler
- Pieter Visagie
- Ian Nienaber
- Gail MacDonald
- Malcolm Marks
- Schalk Steyn
- Shannon Yuill
- Marlene Verwey
- Brian Seller
- Don Oliver
- Paul Roos
- Reid Bremner
- Justin Roux

Clubhouse(Willie Coetzee)

Brief History

The club has for a long time (since 2011) been trying to secure land from the City to build our own clubhouse. Through the determination of previous Chairperson Dave Johnston In 2012 the club secured the piece of land behind the Tennis clubhouse. The process was then started to draw up plans, secure funds and get the process underway. Due to the lack of sufficient funds the process did not proceed and was somewhat delayed. The main reason for the delay was that the club only had a "letter of Intent to enter into a lease" and not a formal lease



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agreement. Unfortunately, no financial institution is willing to lend money to a club only based on the letter of intent.

Whilst the process to obtain a formal lease from the city commenced, the club was unable to secure a lease agreement. The reason for this is that the City changed Leadership structures and then decided to first review all the exiting leases before they were willing to enter into new leases. This process turned out to be very lengthy.

During 2017 the club agreed at the AGM that sufficient funds will be available or will be able to secure sufficient funds to construct the clubhouse, even if it had to be in phases. The process then commenced, and the club employed an architect to draw plans. It was felt that if we are going to spend a significant amount of money to build a clubhouse we might as well ensure the design is functional and practical for our needs.

The processes below were outlined at last years AGM.

1. The Property Management Division will do a valuation and technical evaluation of this project. To finalise this, they need a financial plan from us. The rest of the information was already supplied to the City Council. Following the meeting we drafted a financial plan with our treasurer and submitted this to the city. Duration approximately 1 month.
2. Thereafter the project evaluation will be circulated to all the divisions within the city for comments and feedback. Duration approximately 1 month.
3. If no negative feedback, then the project must be advertised for 30 days to the general public in the local press. This advert is that the city intends to enter into a lease with West Coast AC. Duration 1 month.
4. Again, if no alternatives or objections are received the next step is to prepare a proposal to the Immovable Property Adjudication Committee for an in-principle approval. Duration 1 month.
5. At that stage we can re-submit our building plans. It therefore follows if there are no negative feedback we could re-lodge our plans at the end of November. Duration. Approval of plans can take 2 months but will at least run concurrently with lease approval process.
6. Once the in-principle approval is obtained the matter must again be advertised that a lease agreement will be finalised and entered into.
7. If no objections, then the final report is prepared for a full council meeting to approve the lease. The reason for a full council meeting is that they are the only body that can approve long term leases. Duration 1 month.

The above processes were all completed through the dogged determination of most notably Willie Coetzee.



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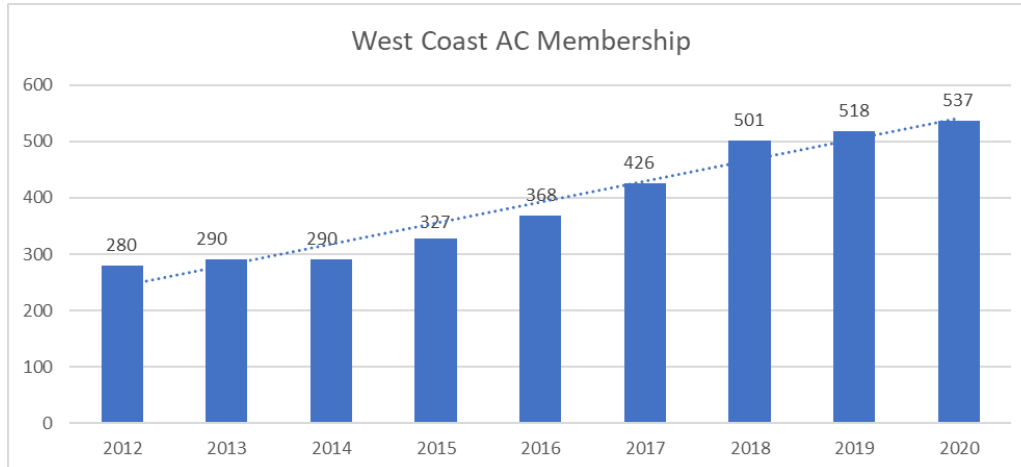
CONCLUSION

We have received a 20 year lease for our piece of land with a nominal annual lease. The Building Plans will be resubmitted shortly which will enable us to start building within the next few months.

MEMBERSHIP

We ended 2020 with 537 members. In 2020 we had 18 junior members. Currently we are the 7th largest club in WPA. We traditionally have a large number of members join during September which did not occur in 2020 so to still show an increase in membership year on year is fantastic. Thanks to Sue O' Connor for her dedication.

Jeannine and Justin implemented an online shop on the clubs website ensuring most of the purchases are done via this platform. In 2021 we would like to expand our clothing offerings even further to introduce a club cap/peak amongst others.



COMMUNICATION

During 2020:

- WCAC website had 17070 views.
- 6583 unique visitors.
- 5280 hits from search engines.
- Club website viewed from 34 different countries.



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Main club Facebook page:

- 2145 members, of which 1525 were active in 2020.
- 31 approved member requests. 17 declined member requests
- 701 posts

Members Facebook page:

- 836 members, of which 747 were active
- 148 approved member requests, 137 declined member requests.
- 1589 posts

Top non-admin contributor was Naz Parker, with more than quadruple the number of posts than the rest of the top 10 combined!

For the year ahead we would like to expand our Instagram presence and also more regular publishing the newsletter driven by Gill Koch and Justin. Big thanks to Justin de Klerk for all his efforts throughout the year.

WEST COAST RACE DAY:

A virtual race was held with each runner receiving a head scarf to highlight mental health awareness and to support Hope House in Tableview. I would like to single out Peter Chong for all the hard work he put into making this event happen, he did a fantastic job!

Long Distance

We had over 300 members registered for the various OMTOM events.

Comrades:

- 2016 = 36 members
- 2017 = 41 members
- 2018 = 59 members
- 2019 = 58 members
- 2020 = over 100 members had registered.



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Most notable performances:

There were many notable running performances throughout the first few months of 2020.

67 standards were achieved during 2020 (20 female and 47 male) with 2 gold standards! 20 silver and 45 bronze. No members achieved the big 5 (5 standards over 5 different distances) during the first three months of the year.

Monica Paterson ran 11 bronze standards before the races were suspended which is absolutely fantastic.

Luca Boyana ran two fantastic gold standards, both for the marathon distance with a time of 2:42:52 at the Weskus Marathon and a superb 2:37:05 at the Hemel and Aarde Marathon.

Lisl Grobler ran a silver standard at the Weskus Marathon achieving a time of 3:37:10. Itumeleng Molefe ran three silver standards, 44:29 for the Century City Express 10km, 1:39:34 in the Slave Route 21km and 1:09:14 for the Constantia Village 15km.

Willie Coetzee ran an incredible 6 silver standards. He ran a time of 3:32:49 at the Congo Marathon, 3:36:04 at the Peninsula Marathon, 3:34:48 at the Red Hill Marathon, 3:35:46 at the Weskus Marathon, 3:39:13 at the Hemel and Aarde Marathon. He also ran 1:39:15 at the Spartan Harriers 21km. Nick Miles ran 4 silver standards, 45:06 at the Century City 10km, 1:43:09 at the Weskus 21km, 43:36 at the Litehouse 10km and 45:02 for the Litehouse 10km. Anele Bans ran two silver standards, 1:17:49 at the Peninsula Half Marathon and 34:23 at the Century City 10km race. Wayne Leonard ran a silver standard with 2:58:18 at the Weskus Marathon. Elijah Racoco ran a silver standard of 39:59 at the Century City 10km. Fikanomusa Makhathini ran a silver standard with a 3:07:17 at the Hemel and Aarde Marathon.

Thanks to our Captain Monique for her managing to always see the positive in every situation and keep us all motivated very ably assisted by Chris and Lisl.

Lockdown Running and Virtual Events

There were so many members that displayed determination to keep running during the lockdown, around their gardens and even around their lounges!



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Comrades in 6 Days Challenge

23 runners participated in the challenge, all runners completed the 90km within the required 12 hours!

According to current Comrades finish times, the following medals were earned:

- 2 x Silver (sub 7.30) – Lisl Grobler and Xolisiwe Booie.
- 3 x Bill Rowan (sub 9 hour)
- 10 x Robert Mtshali (sub 10 hour)
- 5 x Bronze (sub 11 hour)
- 3 x Vic Clapham (sub 12 hour)

The following runners completed the entire 90km in one day on the 14th:

- Andre van Rooyen
- Donald Scott
- Grant Muller
- Amelia Lourens
- Nicolaas Loubser



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Name	Surname	Distance	Time	Days
Iisl	grobler	90.14	7:00:30	6
Xolisiwe	Booi	90.02	7:17:04	6
Christopher	Tomlinson	91.14	8:04:58	5
Monica	Paterson	90	8:14:02	6
Phillip	Rentschler	90.03	8:28:41	5
Felicia	Tandy	90	9:12:33	6
Peter	Chong	90.02	9:35:31	6
Nicolaas	Loubser	90	9:37:20	6
Kelepile	Meleloe	91.05	9:38:38	2
Sofia	Freeman	90.09	9:41:24	6
Leon	Rademan	90	9:41:26	6
Phistus	Pelesa	90.37	9:45:56	5
Michael	Laurenson	90.13	9:52:34	6
Neal	Stacey	90.1	9:53:11	5
Ntukise Marilyn	Molefe	90.06	9:59:24	6
Willie	Coetzee	90.08	10:22:11	6
André	van Rooyen	90	10:32:21	1
Theresa	Parsraman	90.32	10:40:37	6
Donald	Scott	90	10:47:00	1
Robyn-Leigh	Roscher	92.9	10:55:58	6
Grant	Muller	90.57	11:18:40	1
Mkhululi	Silandela	92.24	11:21:00	6
Amelia	Lourens	90.1	11:49:42	1

No Oceans (Two Oceans Home Runs) with times as supplied by the runners:

- Total no. of WCAC runners who ran = 77
- Total distance covered = 1309km
- Full Ultra 56km home runs = 6
- 21.1km Half Marathon home runs = 24
- Random distances from 3km to 42km = 47

Bruce Wood and Amelia Lourens pushed the distances to the extreme throughout 2020 with both of them running huge distances. Most notably they both completed the 160km Washie over two days which really captured the imagination. Amelia also raised nearly R40'000 during 2020 for her good causes(Safe & Soft Landings, SA MAST and Herberg Children's Home) which is phenomenal – well done Amelia!



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West Coast Athletic Club



Ultra Marathon

Name	Distance	Time
Angus McPherson	70.7	10:06
Alan Green	58.2	05:44
Jason Marais	58	06:46
Grant Muller	56	06:01
Donald Scott	56	06:03
Ntukise Mulefe	56	07:35
Nico Loubser	56	07:52
Amelia Lourens	56	09:05
Peter Chong	56	10:03

West Coast Athletic Club



Half Marathon

Name	Distance	Time
Boet Delport	21.1	04:18
Christa de Beer	21.1	03:58
Hannah Nienaber	21.1	03:18
Megan Kluyts	21.1	03:05
Michel Levin	21.1	03:05
Jane Dawes	21.1	03:02
George Lemon	21.1	03:00
Michael Smit	21.1	02:59
Clare pretorius	21.1	02:58
Naz Parker	21.1	02:54
Felicia Tandy	21.1	02:50
Yolande Walton	21.1	02:49
Mariana Shield	21.1	02:42
David Ducie	21.1	02:41
Manou Bleumink	21.1	02:34
Barry Radloff	21.1	02:31
Simoné Prinsloo	21.1	02:28
Klaus Kassel	21.1	02:27
Willie Coetzee	21.1	02:18
Colin Ward	21.1	02:18
Monica Paterson	21.1	02:14
Roelf Conradie	21.1	02:12
Yvonne Manakaza	21.1	02:12
Gail Moriarty	21.1	02:10
Shane Crawcour	21.1	02:03
Guy Michel Kolela	21.1	01:46



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Random Distances		
Name	Distance	Time
Ren James	42.2	04:15
John Peters	33	04:03
Bruce Wood	23.3	03:00
Pumza Kobus	22	03:14
Rob Williams	17.2	01:15
Angus McPherson	15.2	02:33
Sibusiso	15	01:57
Micky	13	01:27
David Johnston	12	01:15
Sallindy-Monique Pretorius	11.5	01:40
Roland Brits	11.3	01:00
Janine Linssen	11.2	01:49
Charmaine Pillay	10.9	02:19
Mervin Pillay	10.6	01:30
Lunelle De Blanche	10	00:54
Angela Lurssen	10	00:55
Sheridan	10	01:12
Sue Ellen Marais	10	01:13
Sofia Freeman	10	01:13
Elvera Schwan	10	01:14
Mariana Smit	10	01:16
Jacqui Hanekom	10	01:19
Mel Markey	10	01:21
Michael Laurenson	10	01:27
Zita Brandon	10	01:28
Kaylyn Smit	10	01:29
Yvonne Perry	10	01:45
Gian Palermo	9.7	00:54
Matthew Smith	9.7	01:01
Ingrid Minter	9.7	01:02
Nicky Stander	9.39	01:11
Oabile	9	01:19
Eugene Cillier	8	00:47
Karen Crawcour	7.7	00:57
Greg Harrowsmith	6.5	00:42
Nick Miles	6.2	00:40
Justin de Klerk	6.1	00:55
Barbs Briggs-Davies	5.8	00:34
Mark Chapman	5.8	00:48
Monique Martens-Delport	5.8	00:48
Fatima Mzinyati	5.8	01:00
Rob Billimore	5.6	00:42
Jeanine Rentschler	5.6	00:43
Stephen Farrugia	5.6	00:49
Roxy Farrugia	5.6	00:50
Xolisiwe Boo	5.6	00:57
Xandra Anderson	5.11	00:55
Carl Pohl	5	00:33
Gina Wolf	5	00:36
Mary Langebrink	5	00:53
Leon Rademan	5	07:45
Jacqui Giles	4	00:30
Cathy Alison	4	00:35
Paula van der Merwe	3.7	00:26
Justin Roux	3.7	00:30
Rene Bartlett	3.63	00:30



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Our Junior Captain Coach Alan continued to keep his juniors training through the difficult times and we hope the school sports will commence soon too. Cheyenne Kruger in particular is showing great promise as a shotputter and is definitely one to watch! A big thanks to Alan for being the ever patient resident barman.

Annual Awards: The 2019 annual awards winners will be announced later in the year at the Awards Ceremony.

Trail

The Trail WhatsApp group now has in 132 members. This has proved to be a successful communication tool.

A big thanks to our Trail Captain, Guy Tshibangu with lots of support from Gary Britz and Bruce Wood in particular for keeping the trail spirit high in a socially responsible way throughout the year.

West Coast Athletic Club and the Puffer Trail Run have a long history together, with the club hosting a supporters table on Signal Hill for many years with distinction since Kathy Johnstons initiative. The 2020 event was a slightly shorter version but due to the October heat it was still no easy task. Congratulations to Gary Britz and Elaan Coetzee for being the first male and female club finishers, supreme runs by these two! Well done to Bruce Wood and Carl Pohl for achieving their permanent numbers. Well done to Philip Rentschler and Amelia Lourens for finishing their first runs.

The 13 Peaks Challenge is on the bucket list but for Gary Britz and Willie Coetzee it was a reality, The weather was horrendous for the 2 day challenge but there as no stopping Gary! Anele Bans displayed his true class in completing the 13 Peaks Challenge in an incredible time of 20 hours and 38 mins!

Well done to Kim Boshoff for a phenomenal run at the brutal 65km Sky Run finishing in a time of 14:58 being the 20th women overall .

Towards the end of the year we saw Bruce Wood, Mathew Smith and Gian Palermo tackling the Ultra Trail Cape Town (UTCT) 25km and Philip Rentschler completing the 50km.



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Cross Country

The cross country season was limited to just one event at Youngsfield Military Base in October 2020. Marius Nel was the first West Coaster home on the day achieving a top 10 finish just ahead of Bruce Wood.

Social and Fundraising:

Hopefully soon we will be able to gather together again to recognise our members on a monthly basis. In 2020 we only had two monthly awards evening with Gill and Carl Koch sponsoring the February evening. The running raffle proved extremely popular and I can't wait for us to get this started again. We had to postpone the annual awards and we will have this as soon as possible.

Coming up this year in October it is our 35th anniversary of the club which we will definitely have to do something special. Thanks to Tammy Wood for making all her organising seem so effortless.



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WCAC Financials 2020

- Continues strategy to enhance the membership experience
- Membership fees have not increased for last 4 years
- COVID happened and very little action after March 2020!
- Focus after lockdown was member welfare – Subsidised 1000 masks for members & their families
- Moved towards a cashless system in 2019, and we are continuing this way as much as possible in 2020/2021
- Introduction of SnapScan proved problematic as we did not have a proof of address – this has changed since we now have a lease from CoCT. Just awaiting our first rental invoice then we can proceed with SnapScan.
- Preparing for the building of our own clubhouse
- Maintain & enhance our social responsibility
- Draft Profit & loss account for 2020 to be presented this evening



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2020 Balance Sheet items

West Coast AC Main Account	Current Assets	111,265.66	
WCAC FNB Deposit Account	Current Assets	977,091.84	
WCAC Petty Cash - Social Officer	Current Assets	13,569.03	
Stock on hand - Kit + Books	Current Assets	86,597	
Accrued Expenses	Current Liabilities		-35,747



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Clubhouse Funding

Existing Funds raised for Clubhouse

Club Capital	200,000
2017 Fundraising	16,387
2018 Fundraising	273,437
2019 Fundraising	39,769
Additional Club Capital	300,000
2020 Fundraising	11,660

Funds available for Clubhouse Project

841,253

Mary has done an incredible job in ensuring the behind the scenes running of the club is done with little fuss but with accuracy and extreme efficiency, thanks Mary for your dedication.

Announcement of WCAC Committee for 2021

A traditional AGM was not possible, elections were done via a nomination process. No positions were contested, and no voting was required.

I would like to thank our outgoing members Iain Park Ross and Peter Chong for all their efforts. Iain still hosted our best ever Race Day in 2019. Peter almost single handedly organised our Virtual Race Day in 2020. Special thanks to our Secretary Vanessa for making me look neat and tidy.



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I would like to welcome one of our new members Louise du Plooy in the role of Walking Captain, I am confident her enthusiasm and passion for walking will soon be seen! Justin has also taken on another role as Race Representative, with us all supporting him I am sure it will be a fantastic event.

Willie Coetzee – will not be co-opted again as **Project Manager**. On behalf of the committee I would like to thank Willie for all his untiring work over the last 3 years to get us to the position we are in now with regards to our clubhouse. His tenacity and commitment to the club is greatly appreciated.

We are now entering the building phase of the Clubhouse Project we require a Project Manager experienced in construction, if you are interested in becoming involved in the construction of our very own clubhouse please get in touch with either myself or one of your committee members.

Name	Portfolio	Nominations	Seconding
David Wilcock	Chairperson	Uncontested	
Monique Martens	Captain	Uncontested	
Lisl Grobler	Vice Captain	Uncontested	
Chris Tomlinson	Vice Captain	Uncontested	
Mary Langebrinck	Treasurer	Uncontested	
Bruce Wood	Cross Country Representative	Uncontested	
Justin de Klerk	Race Representative	Nominated by Jacqui Giles	Seconded by David Wilcock
No nominations	WPA Representative		
Tammy Wood	Social Representative	Uncontested	
Vanessa Dreyer	Secretary	Uncontested	
Susan O' Connor	Membership Secretary	Uncontested	
Justin de Klerk	Newsletter/Blog/Website	Uncontested	
Guy Tshibangu	Trail Running Representative	Uncontested	
Louise du Plooy	Walking Representative	Nominated by Monique Martens Delport	Seconded by David Wilcock
Alan Green	Juniors Officer	Uncontested	
Jeanine Rentschler	Co-opted Kit Secretary		
Carl Pohl	Co-opted Fundraiser coordinator		

We also have our very own myrun starting soon! This a free , community based 5km or 2.5km event which encourages people of all levels to be more active. The other great benefit is that we will be able to use the technology to host our weekly time trials which will result in all the times being instantly available and recorded.

Thanks to Mary Langebrinck for seeing an opportunity and getting it done -great work Mary.

On behalf of the West Coast AC Committee we would like to wish you all the best for 2021.



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